

North Fulton Championship Meet Recap 1/22/10

Champions AGAIN! The boys 3-peat! The ladies are runner's up again!

Combined scores:

AHS	666
Milton	549
Centennial	547.5
Chatt	522
Johns Crk	515
Roswell	430
North Spgs	267.5

Women

Centennial	356
AHS	299
Milton	294
Chatt	267
Johns Crk	242
Roswell	213
North Spgs	122

Men

AHS	367
Johns Crk	273
Chatt	255 tied with Milton
Milton	255
Roswell	217
Centennial	191.5
North Spgs	145.5

This was an awesome meet! Thank you to everyone that made this meet happen as flawlessly as it did! We have the best volunteers, seriously unreal volunteers made this meet run perfectly. From lunch at the Peterson's, the carpool drivers, the money takers, meet manager, t-shirt sellers, heat shirts sales, runner, timers, event board flippers, computer operators, announcer, and the fantastic food in hospitality! THANK YOU! Great job parents!

The meet lived up to it's expectations with our boys taking the title for the 3rd year in a row, the girls were runner's up for the 2nd year and combined we WON! The meet also had several records broken by our team.

New North Fulton Championship records:

Men's 200 Medley Relay 1:40.01 Allen Browning, Garrett Cottingham, Alex Forte, David Vater (They beat their own record from last year of 1:41.29)

100 Backstroke – Allen Browning 52.77 (Broke 2004 record of 53.29 Kevin Cargill)

Men's 400 Free Relay 3:19.73 David Vater, Cody Reul, Tyler Lipscomb, Allen Browning (Breaking a record from 2005 Northview team)

In Diving we have new records as they had 11 dives this year. So, Jack Nyquist has a new NFC record of 561.90 and Maggie McNealy sets the record at 358.40.

One other meet record fell as well; Julia Henkel of Roswell beat her own record from 2008 in the 200 Free in 1:55.31.

We also had 31 State Qualifying times in one meet!

The swimmers dedicated this meet to diver Kyle Puffenberger as he continues to battle illness and we have been thinking about him all season with every meet. The swimmers showed their support with tattoos that read "4KP". The other teams asked what they were and many asked if they could have a tattoo as well to wear! We will wear these tattoos at our two remaining meets as well. We love you KPuff and want you to know we miss you and think of you often! Get well soon!

200 Medley Relay

The boys started things off right with the win and new NFC record! Allen, Garrett, Alex and David won by over :04! The B relay also got a State Q time and were 6th: Reed Ash, Jacob Saban, Reese Cherry and Erik Petrina.

The ladies were off to a little slower start but both relays qualified for State. The A relay of Margaret Nickens, Brittany Parkey, Jaclyn Rohal, Brandie Banner took 5th and the relay of Brittany Beisner, Lindsey Bias, Mariel Rico and Julia Ash took 8th.

200 Free

Cody Reul had to really fight and hang in there with a great time and took 4th, qualifying for state again. Paker Alford got in for 8th.

Melissa Schrieber stepped up and took 5th and qualified for state. Ashley Williams also stepped in to this race and took 10th. We missed Melanie Lockard who was very sick all week but these ladies did their best to get in there for points for the team. We hope she feels better soon.

200 IM

We took first and third with Reese winning and Garrett taking 3rd, both qualifying for state too. Great swims by both! If you saw me yelling for the Milton swimmer, I'm not crazy, that was my son. He finally got the state q time and took 5th! Jaclyn Rohal took 3rd and Brittany Parkey was 9th. Great job ladies!

50 Free

This race is always fun to watch and these guys were moving some water! David Vater took 4th in 23.28 and qualified for state. Freshman Tyler Lipscomb took 5th, Alex Forte was 9th, Reed Ash was 17th and Jacob Saban 20th out of 39 total, ours all in the top half! Margaret Nickens had a great swim in 25.93 to take 2nd and qualify for state! Julia Ash was 14th, Ashley Williams 15th, Megan Russell 17th, Lindsey Bias 20th, Maria Keely 22nd out of 42, again all in the top half!

Diving – held Jan 5th, got us some fantastic points added in at this point, Jack Nyquist 1st, Crawford Berry 2nd, Maggie Mc Nealy 1st, Cameron Robertson 2nd.

100 Fly

David Vater had a huge battle on his hands and was just touched out and took 2nd. Alex Forte got in there for 6th. David qualified again for state.

Jaelyn Rohal was 3rd and Mariel Rico was 10th. Jaelyn had a close race as well and qualified again for state.

100 Free

Fast Freshman Tyler Lipscomb was on fire as he battled in for 3rd with a 51.27 and qualifying for state. Erik Petrina had a great swim for 8th, Reed Ash was 16th, Jacob Saban was 20th, and Alex Evonsion tied for 30th.

Margaret Nickens and Brandie Banner both had great swims and just missed the state q time of 58.00, going 58.09 and 58.47. Amanda Philp was 8th and Julia Ash was 10th both with 59's. Kelly Katz was 17th. Our ladies are again in the top half out of 39 swimmers!

500 Free

Allen Browning won in 4:39.79, winning by :20 over the rest of the field! Yes, Allen in the 500. Oh and he also qualified for state.

Paker Alford was 4th and had a PR swim and qualified again for state.

Kelly Katz swam again right after the 100 and beat the goal time we gave her of 5:55 going 5:53! She took 8th and Brittany Beisner took 10th. Thanks ladies for stepping up in this event.

200 Free Relay

This was a close race with our boys taking 4th and 7th and both making state q times. The A relay of Cody, Garrett, Alex and Tyler was battling it out with Johns Crk and Roswell. The B relay of Jacob Saban, Justin Stubel, Erik Petrina and Parker Alford also qualified for state.

The ladies battled their way through this one to take 2nd to Centennial and just beat Johns Crk. Brittany Parkey, Julia Ash, Margaret Nickens and Melissa Schreiber qualified for state again and the B relay of Kelly Katz, Megan Russell, Ashley Williams and Amanda Philp took 5th and also qualified for state. Melissa really had a brilliant swim and brought us back in to the mix with her key swim! Great job Melissa!

100 Back

Allen's 3rd win of the night and 2nd NFC record of the evening! He won in 52.77!

Cody was in there for 6th place and again qualifying for state. This was a close one with 5 of them within .05 of each other.

Brandie Banner had a great swim and took 6th place and qualified for state. Amanda Philp was 10th and just missed the state q time again.

100 Breast

Garrett Cottingham won and just missed the meet record! He went 1:00.94 and the record was 1:00.24. Reese Cherry also had a great swim to take 3rd. As I cheered for Garrett and Reese I also cheered for my son who took 7th and finally got his state q time!

This was a key race to the meet! Brittany Parkey and Melissa Schreiber secured our ladies position in this meet by taking 2nd and 4th. They both qualified for state. Great job ladies and thank you!

400 Free Relay

The boys were in the lead but needed to finish this off with a win and the NFC record! This was Allen's 4th win and 3rd record of the evening! The team of David Vater and the fast freshman duo of Cody and Tyler and Allen anchoring it were fantastic. They beat the old record by almost a second. Allen had to come from behind to win and he did so by :04 over Chattahoochee. The B relay of Parker, Justin, Reed and Reese were 6th and also qualified for state.

The ladies continue to struggle on this relay as we continue to try to figure out line up for this relay. The A relay of Brandie, Melissa, Jaclyn and Ashley were 5th and our B relay of Kelly, Brittany B., Amanda P. and Julia were 8th, both teams qualifying for state. When Centennial took 1st on this relay we knew we had lost to them but with Milton also beating us we thought we might have lost 2nd place as well. We've got to figure out how to finish the meet with this relay. The ladies hung on to take 2nd.

Again, thank you to all of our parents that made this meet run so smoothly! We appreciate all that you do for us and for the team!

North Fulton Champions.....AGAIN!

On to Metros and then on to STATE!

Go Raiders!

Coach Lisa and Coach Emily